Calculation of Velocity Ellie Holtaway

I am going to calculate the Velocity of my swing immediately after it is released from being pulled backwards.

I will start with the Potential Energy Formula

PE = MGH

 $PE = 0.3 \text{ kg } X 9.8 \text{ m/s}^2 X 0.055 \text{ m}$

PE = 0.1617 kgm/s

Then I will calculate the velocity using the Kinetic energy formula

KE = PE

$$KE = 1/2 \text{ m (v) }^2$$

 $0.1617 \text{ kgm/s} = 1/2 \ 0.055 \text{m} \text{ (v) }^2$

 $0.1617 \text{ kgm/s} = 0.0275 \text{m} (\text{v})^2$

0.1617kgm/s / 0.0275m = v^2

 $5.88 \text{ m/s}^2 = V^2$

2.43 m/s = v